

Who are you?

When asked this question many of us give the vital statistics: name, major, birthday, etc. What if we responded to it in terms of what we like to do, want to do or what makes us feel important? This question can often leave us perplexed because we have not made the time to reflect on these questions.

What do you like to do?

What makes you feel satisfied or important when you do it?

What are some things you have and would like to accomplish in your lifetime?

What do you make time to do on a regular basis no matter what is on your schedule?

If I followed you around all day long, what would I see you doing?